

Botulinum Toxin Therapy for Correcting Wrinkles



Patient Information & Consent Form

What is Botulinum Toxin?

Botulinum Toxin (BT) is the toxin produced by the bacteria responsible for botulism in food poisoning. The toxin blocks the release of a neurotransmitter that would otherwise be responsible for turning nerve impulses into muscle movement.

In medicine, BT is injected directly into hyperactive muscles and has been safely and effectively used to treat spasms of the eyelid for 35 years.

How does BT work?

Hyperactivity of the muscles that cause facial expression can result in developing deep lines on the face. By injecting a minimal amount of BT into the correct hyperactive muscle, it will relax the muscle. This makes your facial expression more relaxed but, by no means, mask-like. Overall, the result is very natural.

How long does it take for BT to work?

The initial effects of BT treatment become visible within 2-3 days. The maximum effect can take up to 30 days. The benefits of treatment usually last 4-6 months but this can vary with each individual.

What are the side effects of BT?

The most common side effect is associated with the injection sites. Often there may be redness, or swelling, or irritation, or numbness, or discomfort, or bruising, or bleeding. Normally these reactions are mild to moderate and disappear within the first week after treatment.

Sometimes treatment can cause headaches which, again, will disappear.

Rarely, BT may cause muscle weakness away from the injection sites.

There is a slight possibility of temporary drooping of the eyebrow or upper eyelid or there may be brief disturbance of your eyesight.

When is BT treatment not recommended?

- ❖ if you are pregnant or breastfeeding
- ❖ if you are hypersensitive to BT

- ❖ if there are infections present at the injection sites
- ❖ if you suffer from Myasthenia Gravis Amyotrophic Lateral Sclerosis
- ❖ if you have a disorder preventing blood coagulation

Does BT interact with other drugs?

BT can have a drug interaction with:

- ❖ Aminoglycoside antibiotics such as Gentomycin
- ❖ some anaesthetic drugs e.g. aspirin and NSAIDS
- ❖ some muscle relaxant drugs

Other effects of BT treatment

Should you suffer localised muscle weakness, or eyesight disturbance, it may temporarily reduce your ability to drive or operate machinery.

If any symptoms last for more than one week, or you are concerned about any symptoms, you should report them to your Practitioner as soon as possible. Seek urgent medical help if you have difficulties breathing, swallowing, speaking or if your face swells up.

BT contains a very small amount of albumin, which comes from human blood. It is very unlikely that this could pass on an infection, but it cannot be entirely ruled out.

Overdose

The minimal amounts of BT used in treatment ensure that the total amount of BT is a long way below dangerous levels, and that the treatment is safe.

All the previous foreseeable risks of BT treatment have been thoroughly explained to me. My questions regarding the treatment procedure, the potential side effects and contra-indications were answered to my full satisfaction.

I had adequate time to consider my decision. I understand that I am free to revoke my consent at any time without the need to give a reason.

By placing my signature below, I give my consent to cosmetic treatment with BT being provided by Dr T. Dickerson.

Signature:

Printed Name:

Date:

Witness:

Printed Name:

I confirm that I have fully informed the above named patient about the risks and benefits of BT treatment.

Signature:

Printed Name:

Date: